

FREE LIVE WEBINAR

Hormonal Therapies and Mitochondrial Demands: A New Era of Women's Care

CPE
points
available



**Presenter: Dr Leah Hechtman (PhD)
Naturopathic Women's
Health Specialist**

**Co-Host: Assunta Hamilton,
Naturopath & DFH Health Educator**

**Tuesday 23rd September 2025
7.00 – 8.30pm AEST**

Unlock the Mitochondrial-Hormonal Connection in Women's Health

Join Dr Leah Hechtman for a compelling webinar that redefines how we support hormonal health through the lens of mitochondrial science. As foundational regulators of steroidogenesis, mitochondrial function plays a pivotal role across every stage of a woman's reproductive life – from cycle regulation to perimenopause and beyond. When mitochondrial vitality declines, so too does hormonal balance, energy, and resilience.

In this 90-minute clinical presentation, Dr Hechtman will share her evidence-informed approach to assessing mitochondrial integrity, identifying ubiquinol insufficiency, and designing integrative strategies to restore optimal function. You'll explore the root causes behind hormonal dysregulation and gain actionable insights into how lifestyle, nutrition, and targeted supplementation intersect to support better outcomes.

Don't miss this opportunity to engage live with one of Australia's leading integrative clinicians. You'll walk away with fresh diagnostic distinctions, prescribing clarity, and renewed tools to elevate care for your female patients.

Engage with Leah and DFH in a live Q&A session where clinical pearls are shared and practitioners are supported.

**We look forward to sharing our knowledge and resources
with you – The DFH Australia Team**