

# FREE LIVE WEBINAR

## Hyperthyroidism in Clinical Practice: Differential Diagnosis, Triggers & Treatment Options

**CPE**  
points  
available



**Presenter: Tara Nelson, Naturopath,  
Mentor and Thyroid Health Specialist**  
**Co-Host: Chantal Oxley,  
Naturopath & DFH Health Educator**

**Tuesday 19th August 2025  
7.00 – 8.30pm AEST**

**Join Designs for Health and naturopathic thyroid specialist  
Tara Nelson for our free August clinical webinar.**

Discover proven holistic strategies from thyroid expert Tara Nelson for confidently diagnosing, managing, and supporting patients with hyperthyroid conditions. With autoimmune thyroid issues on the rise, this insightful session will equip you with practical tools to navigate complex thyroid presentations effectively.

### **Gain Clinical Confidence:**

- ✓ Differentiate clearly between Graves' disease, thyroiditis, and toxic nodules using clinical signs and pathology.
- ✓ Master interpretation of key biomarkers: TSH, T4, T3, TRAb & TSI, and become proficient with functional testing protocols.
- ✓ Explore evidence-based integrative therapies, including pharmaceutical, nutritional, and herbal treatments to achieve optimal patient outcomes.
- ✓ Learn best practices for managing flare-ups, stabilising thyroid function, and supporting patient recovery in clinical practice.
- ✓ Enhance your clinical expertise with practical, real-world insights from Tara's extensive experience supporting complex thyroid patients globally.

Engage with Tara Nelson and DFH in a live Q&A session where clinical pearls are shared and practitioners are supported.

We look forward to sharing our knowledge and resources  
with you – **The DFH Australia Team**