

FREE LIVE WEBINAR

Clinical Approaches to Adrenal Dysregulation:

Assessment, Testing and
Therapeutic Strategies

CPE
points
available



Presenter: Luke Szabo
Naturopath, Nutritionist
& Herbalist

Co-Host: Vashti D'Vyne,
Naturopath & Clinical Nutritionist

Tuesday 29th July 2025
7.00 – 8.30pm AEST

Join DFH and Luke Szabo for an exclusive webinar exploring functional and nutritional approaches to adrenal dysregulation.

Deepen your diagnostic confidence and sharpen your clinical lens as you learn to recognise adrenal dysregulation through comprehensive, holistic assessments. This webinar covers how to differentiate symptoms, select and interpret both standard and functional pathology, and understand key patterns within the HPA axis, autonomic nervous system, and psychoneuroimmunology – helping you translate complex data into precise, actionable treatment plans.

Explore a rich array of interventions that integrate nutritional biochemistry with the wisdom of herbal energetics. From adaptogens and nervines to nutrient support and food-as-medicine strategies, you'll uncover how to tailor lifestyle-based protocols for lasting impact. This session also weaves in unique perspectives, including astrological and chakra system correlations, offering a truly integrative approach to supporting adrenal function and restoring balance.

Engage with Luke Szabo and DFH in a live Q&A session where clinical pearls are shared and practitioners are supported.

We look forward to sharing our knowledge and resources with you – The DFH Australia Team