

# Post-infectious illness: **How Psychoneuroimmunology Impacts Disease Sequelae**

**PRESENTED BY:** Paul Kern

#### **OVERVIEW**

Join our insightful naturopath Paul Kern for a new look at common post-infectious illnesses. This educational event has been created to assist naturopaths and nutritionists in addressing these common, yet often complex conditions in their clinical practice. With the global acknowledgement of Post-COVID syndrome (long COVID), there has been a greater recognition of other long-term health conditions following infections. Patients often experience these conditions for many years before diagnosis and treatment seeking. By the time they arrive in your clinic they are often exhausted, both physically from their condition, and mentally from the battle to be heard and understood by the healthcare profession. Practitioners have a profound influence to assist these patients with better understanding of the conditions preceding the illness and the contribution of the psyche, immune function, neural functionality and the gut microbiome.

## WHY ATTEND?

- Gain a deeper understanding of how post-infectious illness occur and to who they might occur
- Develop a framework for navigating the psychoneuroimmunoligical dysfunction at play
- Gain practical tools for navigating these complex and often emotionally demanding cases

## PRICE: **PracConnect Basic - \$20**AUD **PracConnect PLUS - FREE**

# LEARNING OUTCOMES

- An understanding of common post-infective illnesses and their triggers
- How personality traits, early life events and infection exposure contribute to the patient's risk of post-infectious illness
- Specific diets that assist in the healing process
- The impact of the microbiome on personality traits and each post-infectious illness
- Clinical tools for patient assessment, pathology testing and an evidence-based approach remedies for the healing process

#### DATE

#### WEDNESDAY 24th September 2025

LIVE - 6pm – 7:15pm AEST including Q&A



